



■ Controlled Moisture™ Vegetables— Food Manufacturing

The High-Performance Vegetables That Put You in Control.

Gilroy Foods & Flavors Controlled Moisture™ (CM) Vegetables have everything you're looking for in a vegetable ingredient: proven product performance, vivid color, good texture and great taste. What they don't have is the excess moisture that leads to syneresis with traditional frozen vegetables.

That's because our proprietary, all-natural Controlled Moisture™ technology eliminates extra water, yielding a frozen vegetable with higher solids content and the true-to-nature taste and appearance that signal wholesome goodness to today's consumers. The CM advantage is clear: Lose the moisture, not the sensory appeal.

- **Processing performance:** Our products hold up well in applications ranging from frozen pizzas to microwavable entrées. Crusts, breads and doughs remain crisp; eggs and sauces have the perfect amount of moisture.

- **Ready-to-eat (RTE) status:** CM Vegetables go straight from the freezer to the application—no further cooking required. Formulating grab-and-go refrigerated sandwiches and salads just got easier. Importantly, our RTE status includes a pasteurization process that ensures a high-quality, safe product.
- **Better yields bring value:** Lower moisture and higher solids mean more vegetable pieces per pound, giving you more product overall. In addition, CM Vegetables can deliver one vegetable serving with 33% less vegetables, as compared to IQF.

Controlled Moisture Vegetables do one better than fresh because they can be customized to meet your needs. And with our new Kitchen Cuts™, you can create products with hand-cut vegetable appeal, while enjoying all of CM's performance advantages.

APPLICATIONS

- Frozen Pizzas
- Sandwiches and Wraps
- Frozen Egg & Breakfast Products
- Handheld Foods
- Appetizers
- Sauces & Salsas
- Frozen Entrées
- Cheese Sauces
- Cream Cheese Spreads
- Soups



Caramelized Onion & Goat Cheese Pizzeletta

Controlled Moisture Vegetables—Food Manufacturing



CONTROLLED MOISTURE VEGETABLES	
Product	Size
Red Bell Peppers	1/4" Diced, 3/8" Diced, 3/8" Strips
Yellow Bell Peppers	1/4" Diced, 3/8" Diced, 3/8" Strips
Green Bell Peppers	1/4" Diced, 3/8" Diced, 3/8" Strips
Jalapeño Peppers	1/4" Diced, 3/8" Diced
Yellow Onions	1/4" Diced, 3/8" Diced
Red Onions	1/4" Diced, 3/8" Diced
Spinach	Diced
Green Chiles	3/8" Diced
Celery	5/16" x 1/4" Diced
Roma Tomatoes	3/8" Diced, 1/2" Diced, 5/8" x 1" - 1/2" x 1" - 1/2"
Green Zucchini	3/8" Diced
Southwestern Blend	Assorted
Tomatoes, yellow onions and mild green chiles.	

Controlled Moisture Fire-Roasted Grilled Vegetables—Food Manufacturing



All Fired Up: CM Fire-Roasted Grilled Vegetables

Our patented fire-roasting process adds unmistakable sizzle to our CM Fire-Roasted Grilled Vegetables. It's an appeal you'll see in deep, dark grill marks, and taste in a rich, savory grilled flavor. And because we take care of the grilling for you, you can showcase the on-trend taste of the flame without changing a single step in your production process. Delivering the thrill of the grill has never been easier.

CONTROLLED MOISTURE FIRE-ROASTED GRILLED VEGETABLES	
Product	Size
Red Bell Peppers	3/8" Diced, 3/8" Strips
Yellow Bell Peppers	3/8" Diced, 3/8" Strips
Green Bell Peppers	3/8" Diced, 3/8" Strips
Jalapeño Peppers	3/8" Diced
Poblano Peppers	3/8" Diced
Yellow Onions	3/8" Diced
Red Onions	3/8" Diced
Green Chiles	3/8" Diced
Roma Tomatoes	3/8" Diced, 1/2" Diced, 5/8" x 1" - 1/2" x 1" - 1/2"
Green Zucchini	3/8" Half Moons
Yellow Zucchini	3/8" Half Moons
Corn	Whole Kernel
Sandwich Blend	Assorted Strips and Half Moons
Green and red bell peppers, yellow onions and zucchini.	
Pizza Blend	Diced
Green, red and yellow bell peppers and yellow onions.	
Fajita Blend	Strips
Green and red bell peppers and yellow onions.	

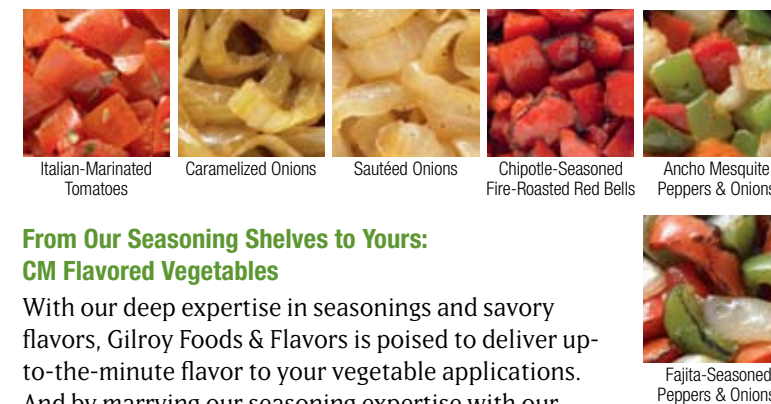
Controlled Moisture Kitchen Cut Vegetables—Food Manufacturing



Hand-Cut Just Got Easier: New CM Kitchen Cuts™
Consumers appreciate the look of hand-cut vegetables, so when it comes to creating fresh appeal, you don't necessarily want identically cut produce. Our new Controlled Moisture Kitchen Cuts—with random, shorter strips—help you add vegetables across a wide variety of applications including pizzas, sandwiches and handhelds, and prepared entrees. Ready to eat and available individually, blended and in seasoned formats, Kitchen Cuts make it easy.

CONTROLLED MOISTURE KITCHEN CUTS	
Product	Size
Fire-Roasted Red Bell Peppers	3/8" x Random cut length
Fire-Roasted Green Bell Peppers	3/8" x Random cut length
Fire-Roasted Peppers & Onions	3/8" x Random cut length
Yellow Onions	3/8" x Random cut length
Red Onions	3/8" x Random cut length
Fire-Roasted Yellow Onions	3/8" x Random cut length
Fire-Roasted Red Onions	3/8" x Random cut length

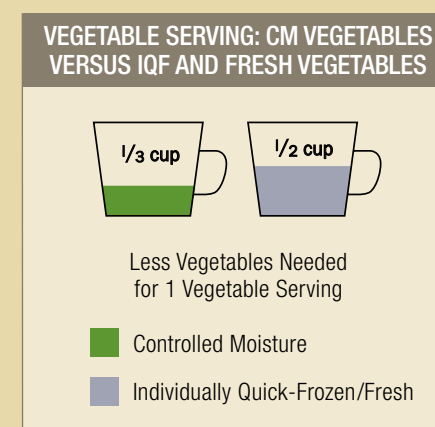
Controlled Moisture Seasoned Vegetables—Food Manufacturing



From Our Seasoning Shelves to Yours: CM Flavored Vegetables
With our deep expertise in seasonings and savory flavors, Gilroy Foods & Flavors is poised to deliver up-to-the-minute flavor to your vegetable applications. And by marrying our seasoning expertise with our revolutionary CM process, the CM creative culinary fingerprint comes with superior processing performance. We've developed an all-natural selection of taste-tempting profiles using ethnic flavors and replicating time-intensive cook types to inspire your product development. Our customization capabilities are on call to answer your needs for unique seasoned-vegetable development.

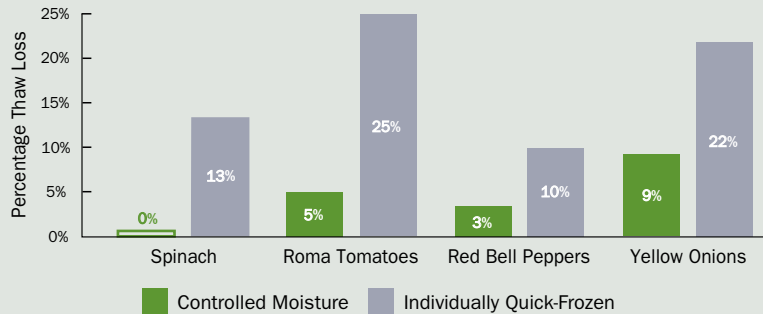
CONTROLLED MOISTURE SEASONED VEGETABLES	
Product	Size
Italian-Marinated Tomatoes	3/8" Diced
Seasoned with balsamic vinegar, olive oil with garlic, black pepper and oregano.	
Caramelized Onions	3/8" Strips
Sweet, caramelized onions.	
Sautéed Onions	3/8" Strips
Buttery, sautéed onions with a hint of black pepper.	
Chipotle-Seasoned Fire-Roasted Red Bells	3/8" Diced
Seasoned with chipotle, garlic, onion and cumin.	
Ancho Mesquite Peppers & Onions	3/8" Diced
Red and green bell peppers and onions seasoned with ancho chiles and mesquite smoke.	
Fajita-Seasoned Peppers & Onions	3/8" Strips
Red and green bell peppers and onions seasoned with lime, cilantro, onions, garlic, cumin and chipotle.	

PERFORMANCE OF CM VERSUS IQF		
	CM	IQF
Less Water Loss into Product	✓	
More Vegetable Pieces per Pound	✓	
Bright, More Vivid Color	✓	
Quicker Cook Times	✓	



Controlled Moisture Vegetables—Food Manufacturing

WATER LOSS: CM VEGETABLES VERSUS IQF VEGETABLES



NUTRITIONAL ANALYSIS: CM VEGETABLES

Product (g/100g)	Calories	Protein	Fat	Carbohydrate	Ash	Fiber
Roma Tomatoes	42.5	1.3	0.2	8.9	0.9	2.7
Red Bell Peppers	59.5	2.2	0.0	12.7	1.5	3.2
Green Bell Peppers	38.0	1.4	0.3	7.6	0.8	2.8

NUTRITIONAL ANALYSIS: CM FIRE-ROASTED GRILLED VEGETABLES

Product (g/100g)	Calories	Protein	Fat	Carbohydrate	Ash	Fiber
Red Bell Peppers	62.0	2.7	0.3	12.1	1.5	2.2
Green Bell Peppers	40.0	1.5	0.1	8.3	0.8	2.8
Jalapeño Peppers	62.0	2.1	0.0	13.4	1.1	6.4
Green Zucchini	39.0	3.4	0.3	5.7	1.3	2.3

NUTRITIONAL ANALYSIS: CM SEASONED VEGETABLES

Product (g/100g)	Calories	Protein	Fat	Carbohydrate	Ash	Fiber
Italian-Marinaded Tomatoes	35.6	1.7	0.3	13.7	1.3	0.9
Caramelized Onions	58.2	1.8	0.0	12.7	0.8	2.9
Fajita-Seasoned Peppers & Onions	46.4	1.7	0.2	9.6	1.1	3.0

Analysis conducted by ConAgra Foods Nutritional Labs



Grilled Chicken Panino

Microbiological Testing

Standard testing includes Standard Plate Count, Yeast, Mold, Total Coliform, E. Coli, Salmonella and Listeria. Special testing may be available. Gilroy Foods & Flavors' controlled-moisture process and patented fire-roasting grilling process includes a pasteurization step that destroys harmful microorganisms, making the product ready-to-eat without an additional cook

step. Products comply with GMPs and FDA regulations and are Kosher pareve @.

Custom Products & Packaging

Custom vegetable products and blends are available. Products are available in 40-lb., 10/2-lb. and 15/2-lb. bag-in-boxes. Other packages may be available.

VEGETABLES

FLAVOR SYSTEMS

SEASONINGS



Gilroy Foods & Flavors™

a ConAgra Foods® brand

P.O. Box 3500
Omaha, NE 68103-0500

(800) 921-7502
www.gilroyfoodsandflavors.com

© ConAgra Foods, Inc. All rights reserved.

CMKC-FM 1009